

Handout 8:

Common psychotropic medication

	Anti-depressants	Anxiolytics	Mood stabilisers	Anti-psychotics
Treatment	Depression Anxiety Insomnia Pain	Anxiety disorders including phobias	Bipolar affective disorder Depression (usually along with an antidepressant) Schizoaffective disorder Disorders of impulse control	Psychotic disorders
Commonly used drugs	Fluoxetine Paroxetine Sertraline Citalopram	Clonazepam Alprazolam Lorazepam	Carbamazepine Sodium valproate Lamotrigine Lithium	Olanzapine Risperidone Aripiprazole Paliperidone
Side effects	Nausea and vomiting Weight gain Diarrhoea Sleepiness Sexual problems	Nausea Blurred vision Headache Confusion Tiredness Nightmares	Itching, rash Excessive thirst Frequent urination Tremor Nausea and vomiting Slurred speech Fast, slow, irregular, or pounding heartbeat Blackouts Changes in vision Seizures Hallucinations Loss of coordination Swelling of the eyes, face, lips, tongue, throat, hands, feet, ankles, or lower legs	Drowsiness Dizziness Restlessness Weight gain Dry mouth Constipation Nausea Vomiting Blurred vision Low blood pressure Uncontrollable movements, such as tics and tremors or seizures A low number of white blood cells, which fight infections