

# Appendix 2:

## Scenario

Imagine that you are sitting in a room with about ten other people. You're not sure where you are although the room looks familiar. Some of the people look familiar but you're not sure who they are. They are all talking to each other and laughing.

**Ask: How do you feel?**

You want to leave the room as you need to use the lavatory, but you cannot seem to move. Someone you don't know comes up to you and says something you don't understand.

**Ask: How do you feel?**

You ask them where the lavatory is. The person looks round at the other people in the room and says something to them which you don't understand. They all laugh. You keep trying to get up out of your chair.

**Ask: How do you feel?**

You begin to shout as you can feel that you are beginning to urinate. A different person comes up to you with what you think might be food on a plate. The person tucks a napkin into your collar and starts trying to push the food into your mouth. You shout and knock the food onto the floor. Your eyes fill with tears.

**Ask: How do you feel?**

The person who tried to give you the food shouts angrily at you and walks away. The other people in the room walk away. You are left alone.

**Ask: How do you feel?**