

Worksheet 1:

The Dementia Quiz

(Please circle the answer you believe is correct)

Q1. How far back in history do we find the first records of what was described as 'dementia'?

300BC 100AD 1500s 1900s

Q2. Is dementia part of the normal ageing process?

Yes No

Q3. Alois Alzheimer described the first case of Alzheimer's Disease in which year?

1897 1906 1945 1971

Q4. The symptoms of dementia include:

Memory loss Not knowing where you are Losing speech All of these

Q5. In the past we have used a particular word to describe people with dementia. Is it...

Simple Sub-cortical Senile Shamed

Q6. What are the main risk factors for developing dementia?

High blood pressure Old age Head injury High cholesterol All of these

Q7. The National Dementia Strategy was published by the Department of Health in which year?

1987 1993 2003 2009

Q8. Under which legislation is dementia listed as a 'disability'?

The Equality Act The Mental Capacity Act The Mental Health Act

Q9. In what year was the Dementia Research Institute created?

1999 2005 2012 2016

Q10. How can we help someone with dementia to live well?

Try to maintain relationships Keep active Don't exclude them All of these