

# Worksheet 17:

## NICE quality standard for supporting people to live well with dementia

The NICE quality standard for supporting people to live well with dementia sets out how high-quality social care services should be organised and what high-quality social care should include, so that the best support can be offered to people with dementia using social care services in England.

The quality standard for supporting people to live well with dementia is made up of 10 statements that describe high-quality care for people with dementia. These statements are summarised below.

1. People worried about possible dementia in themselves or someone they know can discuss their concerns, and what having dementia confirmed might mean, with someone with knowledge and expertise.

**Who could this person be?**

2. People with dementia are involved in making choices and decisions about their care and support.

**What would your 'non-negotiables' be?**

3. People with dementia take part in a review of their needs and preferences when their circumstances change.

**What circumstances might change?**

4. People with dementia can choose to take part in leisure activities which match their interests.

**What might these leisure activities be? Where would these activities happen?**

5. People with dementia can continue to meet their friends and family, and can make new relationships.

**What sort of support, knowledge or help might the friends and family of a person with dementia benefit from?**

6. People with dementia can have routine check-ups of their physical and mental health, and can see healthcare professionals when they have concerns.

**Why would these routine check-ups be important?**

7. People with dementia live in housing that is adapted to help them maintain their independence.

**What sort of adaptations would benefit a person with dementia?**

8. People with dementia are given the opportunity to be involved in and influence the design, planning, evaluation and delivery of services.

**Do you have an example of where and when people with dementia have been invited to be involved in and influence the design, planning, evaluation and delivery of services?**

9. People with dementia can have help from independent advocacy services to present their views.

**Where is your local independent advocacy service?**

10. People with dementia can continue to be involved in and contribute to their community.

**What is happening where you live to ensure that people with dementia continue to be involved in and contribute to your community?**