

Worksheet 14: Positive Behaviour Support Plan (PBSP)

Service user name			
Name of person completing PBSP			
Does the service user consent to this plan?	Yes/No	Is this PBSP a Best Interest Decision?	Yes/No
Service user signature			
Named persons completing PBSP as best interest decision			
Name	Job title/relationship to service user	Signature	
Date	Review date		

To be completed for each behaviour

Description of behaviour (operational description of behaviour and what it looks like)

Known setting events

(internal – pain, hunger, thirst; external - too noisy, quiet, hot cold, presence of others)

Known triggers/antecedents

(immediate events that are likely to trigger the behaviour)

Proactive strategies

(Environmental changes, avoiding known setting events e.g. crowded areas, skills teaching e.g. communication skills, teaching appropriate alternatives or coping skills)

Secondary preventative strategies

(Redirection to another area or activity, verbal or non-verbal calming techniques)