

# Worksheet 11:

## What support is available to carers of people with dementia?

### The Carer's Assessment

Many carers of people with dementia do not initially think of themselves as a carer, particularly if the person with dementia is a partner, parent or close friend.

However, it is becoming increasingly important to health and social care services nationally to recognise that both the person with dementia and their carer will need support to understand and accept the changes in symptoms, and to adapt to changes in presentation that will come.

It is recommended that carers recognise that they have taken on a very significant role and will need additional support. All GP practices now have a Carer's Register, and all carers are advised to register in order to enable specific forms of support to be provided. Either through the practice, via local social services or through the support of an independent agency or charity, carers can be supported to access a Carer's Assessment.

Look at the list below.

In your opinion, which elements would be determined through a Carer's Assessment?

Yes or No	The Carer will have eligibility to...
	Receive benefits (including Attendance Allowance and the Blue Badge scheme)
	Access respite care provision (so the carer can take a break)
	Get information on homecare services
	Receive help with getting friends and family to support more
	Access free gym membership and exercise classes
	Get help with the cost of taxi fares
	Get a cleaner and/or gardener
	Access the local Dementia Café
	Get involved in dementia research