

Worksheet 9:

The experiences of carers from ethnic minority communities

There is evidence that African-Caribbean and South Asian UK communities are at higher levels of risk of dementia than the white population. However, despite substantial increases in the number of older people from these groups, policy guidance on older people from ethnic minority groups has yet to find its way into practice.

Understanding of dementia within ethnic minority communities also appears limited, with poor knowledge of services and stigma around dementia.

What might be the cultural differences in the perception of the caregiving role across ethnic groups?

What assumptions might be made about the experience of caregiving among ethnic minority groups?