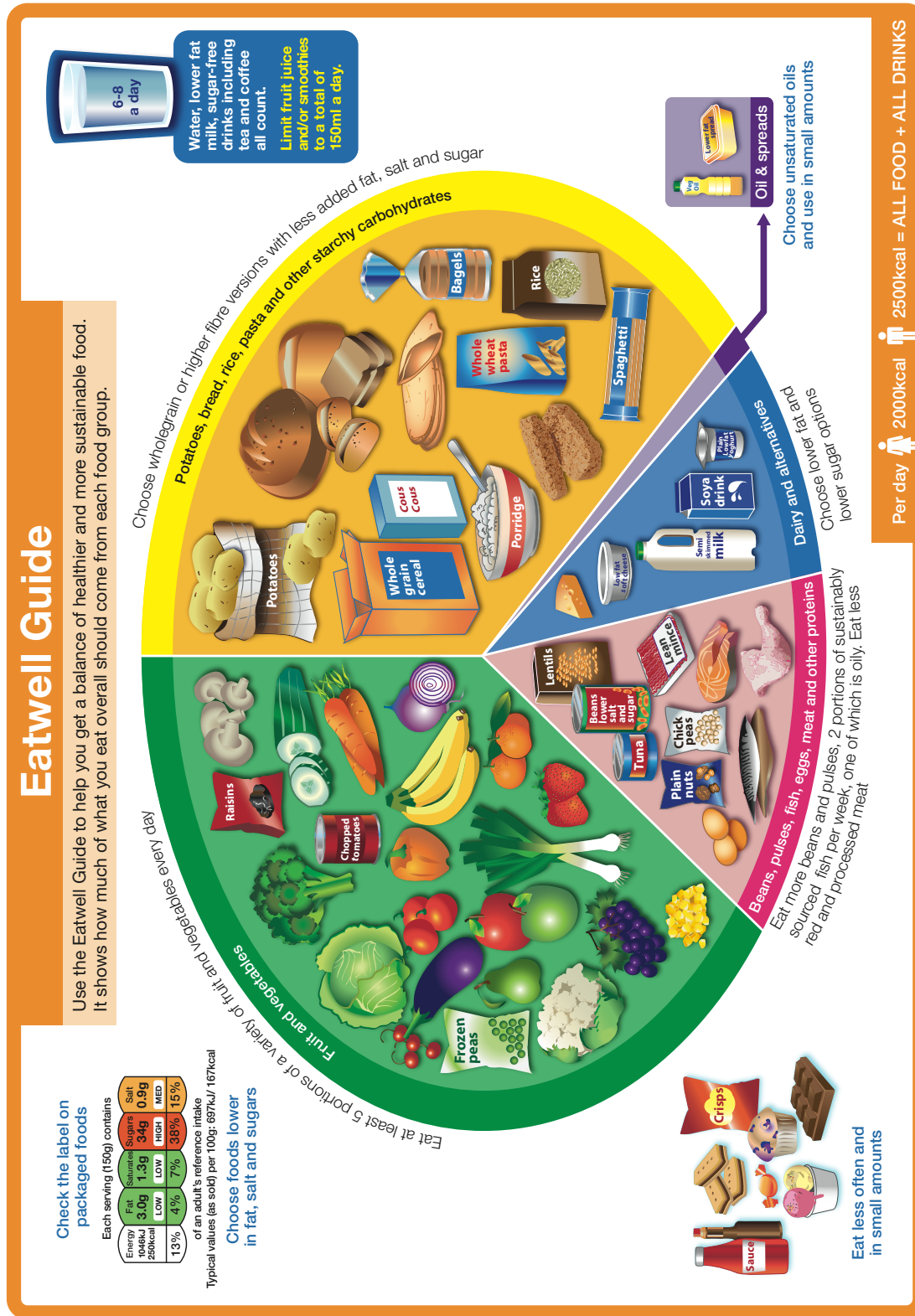


Worksheet 1: Healthy eating and drinking



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Source: Public Health England in association with the Welsh Government, Food Standards Scotland and the Food Standards Agency in Northern Ireland

Source: Public Health England