

# Worksheet 8:

## Scenario

You are sitting at a dining table with three people you don't know. There is nothing on the dining table so you're not quite sure what you are doing there.

**How do you feel?**

Someone you don't know approaches and places a plate of food in front of you. The other people receive a plate of food too. After this all four of you have a knife and fork placed next to your plates. You don't recognise the food on your plate.

**How do you feel?**

The person who gave you the plate of food approaches and says something that you don't understand. Without waiting for you to reply, they pick up the fork and scoop some food onto it. They then try to put the forkful of food into your mouth.

**How do you feel?**

You are shocked by this and turn your head away. Raising your hand you push the forkful of food away from your mouth. The person says something and places the fork on the plate. They walk away. You are not sure what you are supposed to do.

**How do you feel?**

The other people at your table engage with their food. One picks up their knife and fork and uses them to eat their meal. A second person is fed by the person who tried to feed you. The third person is stirring the food on their plate with their hands.

**How do you feel?**

After some time all the plates are cleared away, including yours. You remain seated at the table while someone wipes it with a cloth, spilling food waste onto your lap. No more food appears. You feel hungry.

**How do you feel?**